



**Cafeteria Manager: Patricia Bentley**



**Fitness Tip:** Find ways to increase physical activity. You could try to:

- Play a sport like basketball, softball, or soccer
- Walk, skate, or cycle more
- Do stretches, exercises, or pedal a stationary bike while watching TV



USDA is an equal opportunity employer, provider, and lender.

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



PB&J Sandwich **1**  
Chips  
Carrots  
Fruit  
Choice of Milk

No School/Teacher Workday **2**

**5**  
SPRING BREAK

**6**  
SPRING BREAK

**7**  
SPRING BREAK

**8**  
SPRING BREAK

**9**  
SPRING BREAK

**12**  
Corndog  
Fries  
Glazed Carrots  
Fruit  
Choice of Milk

**13**  
Breakfast Pizza  
Tots  
Grits  
Fruit  
Choice of Milk

**14**  
Cheeseburger  
Lettuce/Tomato/Pickles  
Baked Beans  
Fries  
Fruit & Choice of Milk

**15**  
Spaghetti w/ bread OR  
Pizza  
Salad  
Corn  
Fruit & Choice of Milk

**16**  
PB&J w/ cheese stick  
OR  
Grilled Cheese  
Chips & Carrots  
Fruit & Choice of Milk

**19**  
Chicken Sandwich  
Green Beans  
Lettuce/Tomato  
Fruit  
Choice of Milk

**20**  
Teriyaki Chicken OR  
General Tso Chicken  
Rice & Fortune Cookie  
Egg Roll  
Fruit & Choice of Milk

**21**  
Yogurt & Cheese stick  
Cookie/Crackers/Applesauce  
Carrots Sticks w/ Fruit & Milk  
OR  
Salad Plate w/ Fruit & Milk

**22**  
Steak Nuggets  
Roll  
Man & Cheese  
Broccoli w/ cheese  
Fruit & Choice of Milk

**23**  
Hotdog OR Hamburger  
Slaw  
Baked Beans  
Potato Wedges  
Fruit & Choice of Milk

**26**  
Taco Salad OR  
Popcorn Chicken w/ Roll  
Corn  
Lettuce/Tomato/Cheese  
Fruit & Choice of Milk

**27**  
Chicken Tenders  
Roll  
Pinto Beans  
Mashed Potatoes  
Fruit & Choice of Milk

**28**  
Cheese sticks w/ marinara  
Salad  
Broccoli w/ cheese  
Fruit & Choice of Milk

**29**  
Pizza OR  
Spaghetti w/ garlic bread  
Salad  
Corn  
Fruit & Choice of Milk

**30**  
BBQ Chicken Sandwich  
Slaw  
Chips  
Fruit  
Choice of Milk